

**HISC Round Hayling Island Challenge
for Stand Up Paddleboards and Outrigger Canoes
Hayling Island Sailing Club
Friday 25 March 2016**

Organizing Authority: Hayling Island Sailing Club

INSTRUCTIONS TO PADDLERS



1 NOTICES TO PARTICIPANTS

- 1.1 Notices to participants will be posted on the official notice board, located in the race office, near the clubhouse entrance.

2 CHANGES TO INSTRUCTIONS

- 2.1 Any change to these instructions will be posted before 10.30 on the day it will take effect, except that any change to the schedule will be posted by 19:00 on the day before it will take effect.

3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed from the flag masts on the club race control box or on the beach in vicinity of the start line.

4 CLASSES

- 4.1 Outrigger Canoes (OCs), and Stand Up Paddleboards (SUPs).
4.2 There will be a separate start sequence for each class.

5 SCHEDULE

- 5.1 Date of event
Friday 25 March 2016
5.2 Number of courses: Gold, Silver, Bronze, and SUP Fun Course.
5.3 The time of the 5 minute warning signal for the OC Class start of Gold, Silver and Bronze Courses will not be before 11:50.
5.4 The time of the 5 minute warning signal for the SUP Class start of Gold, Silver and Bronze and Fun Courses will not be before 12:05.

6 PADDLING AREA

- 6.1 The paddling area is the waters around Hayling Island. To the north of HISC in Chichester Harbour, to the west in Langstone Harbour and to the South in Hayling Bay. To the south the limit of the paddling area is a line drawn between the Langstone Fairway and Chichester Bar Beacon navigation marks.

7 GOLD, SILVER and BRONZE COURSE

- 7.1 The course is a partial or complete circumnavigation of Hayling Island in anti-clockwise direction, starting from HISC. Depending on choice of finish (see THE FINISH) there are up to 5 gates to be passed through in order to complete the course, Gates 1, 2, 3, 4, & 5.
- 7.2 Gate 1 will be placed in the vicinity of Northney Marina. The gate is between a motor yacht flying an orange flag and the Hayling shore.
- 7.3 Should conditions be unsuitable for paddlers to continue beyond Gate1, then a red flag will be flown from the motor yacht. Participants must then return to HISC to finish.
- 7.4 Gate 2 will be placed in the vicinity of the Ferryboat Inn on the west side of Hayling Island. The gate is the full width of the harbour entrance. The gate will be defined 'open' or 'closed' by a green or red flag, displayed on the Hayling shore just south of the Ferryboat Inn. When the red flag is displayed the gate is closed, and participants must finish here. When the green flag is flying, participants may pass through the gate and continue the course.
- 7.5 Gate 3 will be placed on the Hayling seafront south of the Inn on the Beach. The gate is between a large inflatable buoy and the Hayling shore.
- 7.6 Gate 4 will be placed on the Hayling seafront south of the Coastguard Station. The gate is between a large inflatable buoy and the Hayling shore.
- 7.7 Gate 5 will be placed on the Hayling seafront south of Bosmere Road. The gate is between a large inflatable buoy and the Hayling shore. Note that Gate 5 may be used as the finishing line of a shortened course.

8 SUP FUN COURSE

- 8.1 The course Starting at HISC and one or more marks in the waters to the North.
- 8.2 The course length is approximately 4 miles.
- 8.3 The Fun Course is available only to SUPs, not to OCs.

9 THE GOLD, SILVER, BRONZE, OCs and SUP Fun START

- 9.1 The start sequence will commence not before 11:50 for OCs and 12:05 for SUPs with a five minute warning horn from the race box of the club.
- 9.2 The sequence underway will be indicated by a class flag which will be identified and shown at the participants briefing at 11:00.
- 9.3 The start sequence will be: at 3 minutes a red flag will fly for one minute; at 2 minutes an orange flag will fly for one minute; at 1 minute a green flag will fly for one minute; at the start the green flag will be lowered. Flag signals will be accompanied by sound signals. Flags will be flown either from the club race box or from the beach.
- 9.4 The start line is between the mast on the club race box and the harbour mark known as North West Winner.
- 9.5 Any participant who has crossed the line before the green flag is lowered must return to the south of the line and cross it again. Failure to comply will lead to exclusion from results.

10 THE GOLD, SILVER, and BRONZE and SUP Fun FINISH

- 10.1 Participants may choose one of three finishing points: Bronze, Silver, or Gold. The choice is not required to be declared before finishing.
- 10.2 To record a Bronze Finish, participants shall pass through Gate 1, leave the motor yacht to starboard, and return to HISC to finish by landing on shore and touching a pole displaying an event flag, clearly identified 'FINISH'. When a red flag is displayed on the motor yacht all participants must so finish.
- 10.3 To record a SUP FUN Finish, competitors shall complete the course and return to HISC to finish by landing on shore and touching a pole displaying an event flag, clearly identified 'FINISH'.
- 10.4 To record a Silver Finish, participants shall pass through Gate 1, and shall finish by landing on shore at Gate 2 and touching the pole displaying either the green or red flag of Gate 2, clearly identified 'FINISH'. When a red flag is displayed all participants must so finish.
- 10.5 Any participant continuing when a red flag is displayed will be deemed to have retired and will record no finish.
- 10.6 To record a Gold Finish participants shall pass through Gates 1, 2, 3, 4, and 5, and cross the finish line between the mast on the club race box and the harbour mark known as North West Winner, in a northerly direction.
- 10.7 A "rolling" finish may be introduced to shorten the course. This will be an imaginary moving line between two flagged patrol boats. This will remove the requirement to finish as above.

11 SAFETY REGULATIONS

- 11.1 All participants are required to wear a numbered safety vest, issued at registration, as their outermost layer with the number visible on the back. This vest will act as a safety tally and makes for easy identification by Event Officials. Failure to wear this vest, or to return it promptly, will result in disqualification.
- 11.2 All participants are required to carry a GPS tracker, issued at registration, on their person. The tracker is an important part of safety procedures. Failure to carry the tracker, or to return it promptly, will result in disqualification.
- 11.3 As soon as possible after finishing, retiring, or deciding not to start, participants must inform a Event Official of their number and hand over their safety vest and GPS tracker. A search may be commenced if they are not returned, involving Coastguard and RNLI.
- 11.4 Personal buoyancy is recommended, and a leash to attach the board to the paddler is required.
- 11.5 There are manned landing points at all Gates and these are the recommended retirement points. Transport back to HISC can be arranged from these points.
- 11.6 Participants should land only on the Hayling shore if possible. Recovery will be difficult to arrange from any mainland shore.
- 11.7 The mud flats surrounding Hayling can be very dangerous. Participants finding themselves aground on the mud should not attempt to walk ashore but should remain with their craft, making every attempt to re-float.
- 11.8 Participants are advised to carry a mobile phone if possible.
- 11.9 Participants are advised to carry food, water, and money. After finishing or retiring there may be a delay for transport back to HISC.

- 11.10 When a red flag is displayed at Gate 1, then participants must return to HISC and finish there. Any participant continuing will be considered to have retired from the event. It will not be possible to provide safety cover to participants who continue after retiring.
- 11.11 When a red flag is displayed at Gate 2, then participants must land and finish there. Any participant continuing will be considered to have retired from the event. It will not be possible to provide safety cover to participants who continue after retiring.
- 11.12 A team of volunteer patrol boats will be on the water. Participants must follow the instructions of patrol boats.
- 11.13 There are large commercial ships operating in Langstone Harbour. Participants must keep at least 500m clear.
- 11.14 Participants are reminded of their obligation to keep clear of any vessel with limited ability to manoeuvre.
- 11.15 The safety team will not stand down until all participants are accounted for. It is essential that any participant not recording a finish advises an Event Official that they have retired and are safe, and returns their safety vest and GPS tracker. Any participant who fails to do so may be subjected to a fine of £50 which will be given as a donation to the RNLI.

12 DISCLAIMER OF LIABILITY

- 12.1 Participants participate in the event entirely at their own risk. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the event.

13 RISK STATEMENT

- 13.1 The responsibility for the decision to participate in the event is the participant's alone.
- 13.2 Water sports are by nature unpredictable and therefore inherently involve an element of risk. By taking part in the event, each participant agrees and acknowledges that:
- 13.3 They are aware of the inherent element of risk involved in the sport and accept responsibility or the exposure of themselves, their crew and their craft to such inherent risk whilst taking part in the event;
- 13.4 They are responsible for the safety of themselves, their crew, their craft and their other property whether afloat or ashore;
- 13.5 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- 13.6 Their craft is in good order, equipped for the event and they are fit to participate;
- 13.7 The provision of an event management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- 13.8 The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

14 INSURANCE

- 14.1 Each participating craft shall be insured with valid third-party liability insurance with a minimum cover of £2million per event or the equivalent.